

“Escaping the Worry Web”

Matthew 6:25 - 34 (p. 938)

Philippians 4:6 - 8 (p. 1140)

II. Introduction

Categories of Worry (by Jon Jorgenson)

- D_____ Worry – Proverbs 3:5-6
- P_____ Worry – We question God’s p_____ and p_____.
- Lack of V_____ Worry

II. Worry is S_____ – Matthew 6:26

- “God’s investment in us is so great he could not possibly abandon us” Erwin W. Lutzer
- Romans 5:8

III. Worry is N_____ - Matthew 6:27, 34

- “Worry is letting tomorrow’s problems ruin today.” M. Lucado
- “God promises a lamp unto our feet, not a crystal ball into the future.” See Psalm 119:105
- “Worry is the i_____ we pay on tomorrow’s troubles.” E. Stanley Jones
- “Worry does not empty tomorrow of its s_____, it empties today of its s_____.” Corrie Ten Boom

IV. Worry is F_____

(Review of last week’s message ☺)

- A – Acknowledge our troubles
- C – Choose Joy
- T – T_____ in God’s Goodness and God’s Plan
- S – S_____ to God’s sovereignty and goodness

“I am inwardly fashioned for faith, not for fear. Fear is not my native land; faith is. I am so made that worry and anxiety are sand in the machinery of life; faith is the oil. I live better by faith and confidence than by fear, doubt and anxiety. In anxiety and worry, my being is gasping for breath—this is not my native air. But in faith and confidence, I breathe freely—this is my native air.” E. Stanley Jones

V. Conclusion – Philippians 4:6-8

“Worry is a d_____ care resulting from assuming r_____ that is not yours.” Larry Moyer

- John 14:23, 25-27

Recommended Reading:

Max Lucado, Traveling Light: Releasing the Burdens You Were Never Intended to Bear